

Prologue

“The steps of a good man are ordered by the Lord: and he delighteth in his way.”

Psalms 37: 23
King James Version

Several years ago, I wrote, produced, and directed the play, ***“You don’t know my story!”***, which focused on women characters who were experiencing or had past traumas in their lives. Each live performance appeared to tap into the audience’s lives in which they could relate. Topics such as domestic violence, infidelity, drug addiction, alcoholism, sexual abuse were issues in the characters’ lives.

A subsequent visit to a women’s prison to share a video recording of the play resulted in a conversation with the inmates regarding the roles men had played in their lives. This led to the second play, ***“His. Story. Now.”*** which explores the tag lines; *life, love, pain, hope, and faith.*

The live performances were well received; however, as a result of COVID-19 and subsequent lock downs, live performances were suspended. The audience was left wondering when the performances would resume which, still presently, have not begun again. I began to think about how to keep the momentum going by continuing to *connect* with the audience.

Consequently, the next best thing was to build a brand for the purpose of expanding to online offerings. Thus, **KCP Love Productions** (www.kcploveproductions.com) was created. Its mission is to support maximizing an individual’s life purpose by creating strategies *which foster reflection and introspection thereby releasing personal empowerment.* The mission is not necessarily to offer advice, but to provide opportunities for self-discovery, introspection, and



reflection that will lead to personal empowerment. This is accomplished by utilizing the performing arts to lovingly encourage, embrace, and promote healing of those who have faced or are currently facing family issues. The website includes viewing the play, [“His. Story. Now.”](#), [free empowerment videos](#) and a [free web series called “The backstory”](#), which delves into the lives of each character. Books will be available in the upcoming projects.

It’s amazing how ideas can arise and grow when challenges appear. It’s reminiscent of a quote by Walt Disney I saw in Disney World at a Magic Kingdom souvenir shop which read, *“I only hope that we never lose sight of one thing...that it was all started by a mouse”*.

For me, it all started when I wrote a 5-minute skit for a women’s ministry conference which then blossomed into a play. Now, there is a collection of empowerment videos and a web series called [“The backstory”](#). Incredible!

This book is a compilation of insights I have gained throughout my life born out of joy, happiness, pain, loss, secrets, and betrayal. I pray these words will serve as your path to self-discovery, self-awareness, and self-love.

Lovingly from my heart to yours.

Kathy

